

The Vision of You Program™

*A Journey of Transformation
Living with Ease, Joy, and Grace*

The Vision of You Program sets the stage towards creative action in establishing a blueprint for **who you are**, **what you need**, ways to live an **abundant life**, and **clarity** of your **gifts and talents**.

This program leads **YOU** to the **heart** of what is most important, **YOU**.

This Program:

- **Explores and expands** who you are, and what you want and need, through a seven step **visioning process and strengths assessment**
- **Teaches you** how to own and express your **gifts, talents, skills and capabilities**
- **Establishes** your **core values**
- **Guides you** in creating a **conscious relationship** with yourself and others
- **Builds confidence, assuredness, and faith** in your abilities to make empowered decisions about your current and future life vision
- **Provides you** with a clear **perspective** of who you are
- **Teaches you** how to communicate effectively and efficiently
- **Prepares** your portfolio to live a life of ease and joy

Unique Features:

- **Have unlimited access** to a **Certified Professional Coach**
- **A welcome packet**
- **A 7 step visioning process** including online resources
- **Individual and/or group program**
- **Individual Program: 3 - 6 months**
- **Group Program: 3 - 6 months**
- **Strengths assessment**
- **Quick and efficient** daily tools and exercises to live in this reality
- **Receive current and cutting edge educational resources**
- **Access to a network** of like minded and hearted individuals



"I am healthier, physically, mentally, and most importantly, spiritually. After this program I can now recognize my purpose in life." - Mariana Sobral (Individual Program)

For more information:

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